

" IT TAKES A VILLAGE TO NAVIGATE LIFE "

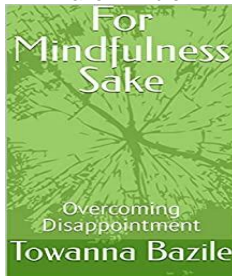
# TOWANNA BAZILE



Towanna Bazile is a child of God, author, inspirational speaker, host/mc, panelist, moderator, certified life and mindfulness coach and certified forensic interviewer. She is the founder of For Mindfulness Sake, where she inspires others to be the best version of themselves, mind, body, and spirit. Her life purpose is to be a beacon of light. She has overcome many odds and has come out of the shadows to help others as God instructed. She speaks on a variety of platforms that promote empowerment, professional women, personal and professional development, leadership, and total wellness. She holds a bachelor's degree in public affairs from Texas Southern University and a master's degree in business administration from University of Phoenix. She has a passion for fashion, all things vintage, service, and inspiring others.

## BOOKS:

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