

" IT TAKES A VILLAGE TO NAVIGATE LIFE "

# TOWANNA BAZILE

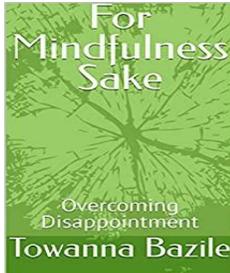


Towanna Bazile, is a corporate professional and the founder of the platform For Mindfulness Sake. She has a strong faith foundation and empowers individuals to achieve their full potential through total wellbeing. She has overcome obstacles and speaks on a variety of platforms that promote empowerment, professional women, personal and professional development, leadership, and total wellness.

She obtained a bachelor's degree in public affairs from Texas Southern University and a master's degree in business administration from the University of Phoenix. She holds certifications in life coaching, mindfulness, and forensic interviewing. She is passionate about service, community engagement, fashion, and vintage interests. Her eBook For Mindfulness Sake: Overcoming Disappointment is available on Amazon Kindle.

## BOOKS:

Amazon Kindle



## PODCAST:

FOR MINDFULNESS SAKE  
Mind - Body - Spirit

## FEATURED SPEAKER:



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